

Paolo Floccari

Date of birth: 11.02.1988

Place of birth: Catanzaro (Italy)

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Place of residence: Palma de Mallorca



WORK EXPERIENCE

Freelance dietitian

February 2024 - Present

I work in two different centers in Majorca as a freelance. I also do online consultation.

Support Pharmacist

June 2017 - August 2018

Allcare Pharmacy of Cahill, 36 Lower Camden Street, Dublin 2. Worked as a permanent support pharmacist.

Locum Pharmacist

May 2016 – Present

Dublin

Daily commitment to meeting the legal requirements of the pharmacist role. My main functions are:

- Dispensing prescribed medications to the public;
- Checking the dosage and ensuring that medications are supplied and labeled correctly and safely;
- Keeping a record of controlled drugs for legal and stock control purposes;
- Pharmacy dispensary paperwork;
- Contacting doctors regarding prescriptions;
- Advising patients on the treatment of minor ailments;
- Warning patients of any adverse effects of dispensed drugs;
- Drug effects or potential interactions with other medications/treatments;
- Preparing dose boxes, generally for elderly people but also for those with memory difficulties or multiple pathologies;
- Conducting Medication Use Reviews (MURs), an advanced service to help patients understand how their medications work and why they should take them.

Trainee Pharmacist

March 2016 - May 2016

Training period in an AllCare pharmacy chain and a Lloyds pharmacy chain in Dublin.

Developing and practicing all aspects of the codes of practice, law, and ethics established by the Pharmaceutical Society of Ireland.

Operating in the dispensary in collaboration with the supervising pharmacist, ensuring safe and efficient medicine delivery to all customers, maintaining the highest standards of customer care.

Worked as a substitute Technician in different pharmacies.

Pharmacy Assistant

December 2015 - February 2016

Farmacia D.ssa Carvelli Raffaella, Italy, Pagliarelle di Petilia Policastro (KR)

Performed functions of liaising between staff members and had the responsibility for self-execution, including placing orders, sorting, and storing new stock deliveries.

Marine Biology Research Assistant

September 2014 - February 2015

Catholic University of Valencia, Spain

Worked in a university laboratory. Optimized the extraction of polyphenols from algae, seeking the best way to obtain the highest number of polyphenols and the greatest antioxidant activity simultaneously. Collaborated on the research project titled "Study of the effects of marine-derived antioxidants on cell damage caused by ischemia/reperfusion injury," under the supervision of Dr. Carolina Padrón.

My thesis, titled "Optimization and application of an extract of Himanthalia elongata, with antioxidant properties, in intestinal ischemia-reperfusion injury," was presented as a poster with defense at the MICROBIOLOGY AND BIOTECHNOLOGY CONGRESS 2015, UNIVERSITY OF ÉVORA (PORTUGAL).

Pharmacy Internship

February 2014 - August 2014

Farmacia della Stazione, Bologna, Italy

Focused on: Galenic preparations, drug sales, and pharmaceutical and warehouse management (stock control, deadlines, loading, and unloading orders).

EDUCATION

2024 Institute (Advanced Training in Nutrition and Health) – Master of Science in nutrition and digestive pathologies

2023 – 2024 ICNS Institute (Advanced Training in Nutrition and Health) – Master of science in nutrition, Medicine, and Women's Hormonal Health

2020 – 2023 European University of Madrid – Degree in Human Nutrition and Dietetics

2015 University of Bologna, State Exam – Bologna

2015 Obtained "Diploma de Español (DELE) B2"

2014-2015 Catholic University of Valencia San Vicente Mártir Erasmus Project

2007-2015 University of Bologna, bachelor's degree in pharmacy - Bologna, Italy

2002-2007 Linguistic Secondary School Diploma - Mesoraca, Italy

LANGUAGES

Italian, native

English, Full professional proficiency

Spanish, Full professional proficiency

French, Level B2/C1

Portuguese, Level B1/B2

OTHER

Driving license B